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Director of the Institute Synergetics and Psychotherapy Research at the Paracelsus Medical University Salzburg (Austria) and of the Center for Complex Systems (Stuttgart/Germany). Since 2008 professor at the Ludwig-Maximilians-University Munich and at the Paracelsus Medical University Salzburg. Visiting professor at the Sapienza University, Rome (2019). Visiting-Professor at the Donau-University Krems and at the Alpen-Adria University Klagenfurt (Austria).

Member of the European Academy of Sciences and Arts (Academia Scientiarum et Artium Europaea) since 2009, vice dean of the medical class from 2012 to 2018. Honorary fellow of the German Society of Systemic Therapy and Systemic Research. Fellow of the Mind Force Institute (London, UK). Scientific consultant of the German Society for Systemic and Family Therapy (DGSF). Member of the scientific directory of the German-Japanese Society for Integrative Science. Member of the German Society of Psychology.

Main research topics: Synergetics and dynamics of nonlinear systems in psychology, neuroscience, and management. Process-outcome-research in psychotherapy. Neuroscience of psychotherapy. Internet-based Real-Time Monitoring of change processes in different fields. Social psychology. Management. Research in the measurement and development of human competencies.

Member of the scientific board of different institutions, communities, and journals. Published 24 books and about 300 papers in international and German scientific journals and readers.